Appetite for Freedom Agreement

**REGULAR ATTENDANCE:** I agree to be here every week unless I have an emergency. I will contact my table leader or another group member to explain in advance why I cannot attend.

**CHURCH ATTENDANCE:** I agree to attend a weekend church service regularly and seek prayer often as part of my healing process.

**HOMEWORK:** I agree to complete assignments between sessions so I can grow and have meaningful interaction with other members of the group.

**CONFIDENTIALITY:** I agree that information shared in the group is not to be shared with anyone outside of the group. I will protect safety in the group. If I break confidence, I may be asked to leave the group.

**HONESTY:** I agree to be honest with myself and with those in the group so that God may bring healing into my life.

**RESPECT OTHERS:** I agree to respect others in the group by being an attentive, good listener. As I care for the needs of others, I will be careful not to interrupt or give unsolicited advice. I will learn to speak the truth in love carefully and in timely ways.

*Appetite for Freedom* is based on Biblical principles and the leaders of *Appetite for Freedom* at City Bible Church in Portland Oregon are not licensed professional counselors. *Appetite for Freedom* leaders serve without financial remuneration.